

Life Implication:

“No passion so effectually robs the mind of all its powers of acting and reasoning as fear.” Edmund Burke (1729–97)

Un-dealt with fear can become a major obstacle in establishing a meaningful relationship with God. It can also destroy families. The most common form of fear that men face is stress. This kind of fear is often driven by a man’s inborn fear-of-failure.

There is a developing body of scientific evidence which suggests that poor health and even premature death can result from stress.

The kind of fear we need is *holy* fear. It is the fear that brings wisdom. Holy fear can only happen as we form an intimate relationship with God.

In order to overcome unhealthy fear determine to be in the word, praying and praising God every day.

Ps. 91:4-5 *He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day...*

It all began here:

Genesis 3:17-19

*To Adam he said, “Because you listened to your wife and ate from the tree about which I commanded you, ‘You must not eat of it,’ “**Cursed is the ground because of you; through painful toil you will eat of it all the days of your life. It will produce thorns and thistles for you, and you will eat the plants of the field. By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.**” (NIV)*

READ AND PRAY THESE VERSES ON FEAR

Phil. 4:6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Ps. 91:4-5 He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day,

Ps. 91:10 then no harm will befall you, no disaster will come near your tent.

Prov. 3:25-26 Have no fear of sudden disaster or of the ruin that overtakes the wicked, for the LORD will be your confidence and will keep your foot from being snared.

Isa. 54:14 In righteousness you will be established: Tyranny will be far from you; you will have nothing to fear. Terror will be far removed; it will not come near you.

Ps. 56:11 in God I trust; I will not be afraid. What can man do to me?

Rom. 8:15 For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, “Abba, Father.”

1John 4:18 There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

Ps. 91:11 For he will command his angels concerning you to guard you in all your ways;

Ps. 23:4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Rom. 8:31 What, then, shall we say in response to this? If God is for us, who can be against us?

Rom. 8:35 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?

Rom. 8:37-39 No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Ps. 31:24 Be strong and take heart, all you who hope in the LORD.

John 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Ps. 27:1 The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?

Ps. 27:3 Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident.

Hebr. 13:6 So we say with confidence, “The Lord is my helper; I will not be afraid. What can man do to me?”