



## Session Outline and Discussion Question “A Man And His Temple” (Part 1)

Derrick Wilburn -- Session 39

### Session Outline:

**1Cor 3:16** – “Do you not know that *you are the temple of God and that the Spirit of God dwells in you.*” [NKJ]

**1Cor 6:19, 20** – “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore **glorify God with your body.**” [NIV]

We are to “...present our **bodies** a living sacrifice, holy, acceptable to God...” Good stewardship of the temples for which we are responsible is a part of that “...good service to which we have been called”.

**Romans 12:1** (Phillip 1:20b)

*1Corinthians makes it clear that our bodies are the temples of the Holy Spirit of the Lord. Yet, as is the case in so many areas, we live in a culture that does not encourage nor support the maintaining of God’s word.*

Satan comes to “kill, steal and destroy“ **John 10:10**. He is succeeding in killing us through our ignorance of his devices.

We are falling 40-50 years short of God’s divine ordinance of longevity of life. (Gen 6:3, Gen 23:1, Gen 47:8,9, Gen 50:22, Deu 34:7, and others)

**Life Implication:** (The Thirty Year Heart Attack)

### Formula for Failure:

A few \_\_\_\_\_ in judgement, repeated on a \_\_\_\_\_ basis.

### Formula for Success:

A few simple \_\_\_\_\_ repeated on a \_\_\_\_\_ basis.

**Correcting** the subtle \_\_\_\_\_ today, will help me avoid disaster tomorrow!

Cardiovascular disease is the number 1 killer in America. Over 40% of ALL deaths in the U.S. are a result of CVD.

**Discussion Question:**

Do I maintain a temple that is worthy of being a residence of the Holy Spirit ?  
Am I daily engaging in destructive behavior patterns? If so, are those behaviors spiritual strongholds?

**Life Application--Action Plan**

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